

Patient Skin Type Evaluation

Genetic Disposition – Part 1 (circle the number that is next to your answer.)

Your Eye Color?

- 0 Light Blue
- 1 Green
- 2 Blue (medium to dark)
- 3 Brown
- 4 Brownish Black

Your NATURAL Hair Color?

- 0 Red
- 1 Blonde
- 2 Dark Blonde/Chestnut
- 3 Brown
- 4 Black

Color of your non-exposed skin?

- 0 Reddish
- 1 Very Pale
- 2 Pale with Beige tint
- 3 Light Brown
- 4 Dark Brown

Do you have freckles on non-exposed areas?

- 0 Many
- 1 Several
- 2 Few
- 3 Incidental
- 4 None

Total Score for Genetic Disposition _____

(add numbers that are circled for PART 1 to get score)

Reaction to Sun Exposure – Part 2 (circle the number that is next to your answer.)

What happens when you stay in the sun too long?

- 0 Painful Redness, Blistering
- 1 Moderate Burn, Sometimes Blister
- 2 Mild Burn, then peel
- 3 Rarely Burn
- 4 Never Burn

To what degree do you turn brown?

- 0 Not at all
- 1 Hardly to light tan
- 2 Medium tan
- 3 Tan very easily
- 4 Turn dark brown quickly

Do you burn within several hours of sun exposure?

- 0 Never
- 1 Seldom
- 2 Sometimes
- 3 Often
- 4 Always

Part 2 (Continued from page 1)

How does your face react to the sun?

- 0 Very Sensitive
- 1 Sensitive
- 2 Normal
- 3 Very Resistant
- 4 No Reaction

Total Score for Reaction to Sun Exposure _____

(add numbers that are circled for all of Part 2 to get score)

Tanning Habits and Sun Exposure – Part 3 (circle the number that is next to your answer.)

When did you last expose your skin to the sun OR artificial tanning?

- 0 More than three months ago
- 1 Two to three months ago
- 2 One to two months ago
- 3 Less than 1 month ago
- 4 Less than 2 weeks ago

Is the area(s) you are getting treated exposed to the sun?

- 0 Never
- 1 Hardly ever
- 2 Sometimes
- 3 Often
- 4 Always

Total Score for Tanning Habits _____

(add numbers circled in Part 3 to get score)

SUMMARY

Record the total score from each section:

TOTAL SCORE FOR GENETIC DISPOSITION – PART 1 _____

TOTAL SCORE FOR REACTION TO SUN EXPOSURE – PART 2 _____

TOTAL SCORE FOR TANNING HABITS – PART 3 _____

FITZPATRICK SKIN TYPE = _____ (TOTAL)

Skin Type Score on Fitzpatrick Scale

0-7	Type 1
8-16	Type 2
17-25	Type 3
26-30	Type 4
31-33	Type 5
33&↑	Type 6